

Meeting and team building activities for the wellbeing and success of your company.





With a wellbeing tradition going back a hundred years, the Hotel Kurhaus Cademario is the ideal retreat for companies looking for perfect balance and success.

At 850 metres above sea level, completely immersed in the nature, it offers its guests the possibility of emptying their minds and enjoying the splendid panoramic views over Lake Lugano and the Malcantone Mountains.

Inspiration and creativity come spontaneously here.

# A WORLD OF SERVICES



The large DOT Spa measuring 2,200 square metres situated in a strategic point of extraordinary energy intensity boasts a Turkish bath, sauna, indoor and outdoor swimming pool, salt-water pool, relaxation room and cold plunge pool.



Gourmet restaurant and Agra Bar where guests can enjoy international and local cuisine or sip excellent cocktails and wines from the Malcantone mountains.



82 en suite rooms enjoying views of the lake or garden and featuring all comforts: air conditioning, wooden parquet floors, flat-screen television, telephone, safe, desk, hair dryer and looking-glass. MEETING ROOMS

The Monte Tamaro meeting room opens directly into the exclusive 200 m<sup>2</sup> terrace with a splendid view of Lake Lugano and the surrounding mountains.

The room is completely air-conditioned and illuminated by natural light. It has a modular design and can be divided into two units: Monte Lema and Monte Ceresio. Thanks to its versatility, it is the perfect place for hosting seminars, presentations, brain storming sessions, banquets and so much else besides.



	HIRE PRICES IN CHF				SET-UP/PAX				
	m²	H m.	Whole day	Half day			: <b>П</b> :	:•::•:	
MONTE TAMARO	100	3,75	1'100	550	80	75	48	80	120
MONTE CERESIO	50	3,75	550	275	40	30	20	32	50
MONTE LEMA	50	3,75	550	275	50	30	20	32	50



All the meeting packages and the team building suggestions include the **"Starter Pack"**:

- completely equipped conference room: seminar equipment (1 flipchart, 1 beamer with screen, 1 pin board), brief case of leader, still and fizzy mineral water
- fast Wi-Fi connection
- open-air parking



Full Day Package	Half Day Package			
<ul> <li>Starter Pack</li> <li>3-course business lunch</li></ul>	<ul> <li>Starter Pack</li> <li>3-course business lunch</li></ul>			
(drinks not included) <li>2 coffee breaks</li>	(drinks not included) <li>1 coffee break</li>			
CHF 114	CHF 88			
per person per day	per person per day			

Extras not included: transfers and tailor made services.



For companies seeking unique experiences, Kurhaus Cademario has devised a vast range of team building suggestions. From open air

TEAM BUILDING ACTIVITIES

activities to real challenges to motivate and engage staff:

- Time to detox
- Energy
- Wine tasting
- Cooking challenge
- Arts challenge

# TIME TO DETOX

In a world that is always connected, there is an increasing need to switch off and regenerate. A detox seminar helps to improve concentration, increase creativity and strengthen team spirit.

The package includes:

- Starter Pack
- access to the DOT Spa
- welcome detox drink to cleanse oneself and start the meeting serene in body, soul and mind
- 1 detox break
- balanced DOT Eat lunch or dinner with 3-course menu (drinks not included)
- wellness experience: yoga lesson or gong baths

By request:

• Digital Detox ritual: participants can seal their mobile phone in a special package to reopen only at the end of the activity.

CHF 199.- per person per day





*"The gong is the sound of creativity."* Yogi Bhajan



Deep inside the Malcantone woods it will be easier to clear the mind and start again stronger than before.

The package includes:

- Starter Pack
- access to the DOT Spa
- 2 coffee breaks
- energising lunch or dinner with a 3-course menu based on superfood (drinks not included)
- choice of fitness experiences: E-bike trip, hike or tennis match

CHF 194.- per person per day



*"Talent wins games, but teamwork and intelligence win championships."* Michael Jordan

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### WINE TASTING

A sensory journey to discover the art of growing grapes and local wine production.

The package includes:

- Starter Pack
- access to the DOT Spa
- 2 coffee breaks
- 3-course lunch or dinner with a wine theme (drinks not included)
- choice of wine-tasting experiences: wine tasting in hotel with vintner or visit to local wineries

CHF 159.- per person per day



*The pleasure of tasting in a unique location.* 

### COOKING CHALLENGE

A top recipe for company success. A team challenge to find the real Master Chef.

The package includes:

- Starter Pack
- access to the DOT Spa
- 2 coffee breaks
- lunch or dinner prepared by the team
- choice of culinary challenges: cooking the perfect open-air barbecue or preparing typical fresh Italian pasta

CHF 124.- per person per day



# ARTS CHALLENGE

A view worthy of a painting that inspires and gives space to creativity.

The package includes:

- Starter Pack
- access to the DOT Spa
- 2 coffee breaks
- 3-course lunch or dinner with designed artistic dishes (drinks not included)
- artistic experience: water colour course with prize for "the best artist"

CHF 229.- per person per day





#### KURHAUS CADEMARIO HOTEL & SPA

Via Kurhaus 12 CH - 6936 Cademario Tel. +41 (0)91 610 51 11 events@kurhauscademario.com